# Sara Rose Masland, Ph.D.

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EDUCATION		
2016	Ph.D., Clinical Psychology Harvard University (APA & PCSAS accredited)	Cambridge, MA
2012	M.A., Psychology Harvard University	Cambridge, MA
2008	B.A., Psychology Bowdoin College	Brunswick, ME
PROFESSIONA	L APPOINTMENTS	
2023-	Associate Professor of Psychological Science Pomona College	Claremont, CA
2017-2023	Assistant Professor of Psychological Science Pomona College	Claremont, CA
2016-2017	Clinical Research Fellow McLean Hospital, Harvard Medical School	Belmont, MA
2015-2017	Visiting Lecturer in Psychology Bates College	Lewiston, ME
2014-2015	Assistant Adjunct Lecturer in Psychology University of New England	Biddeford, ME
HONORS AND AWARDS		
2023 2016	Wig Distinguished Professor Award for Excellence in Teaching, Speed-Data Award, North American Society for the Study of Pedisorders	•
2014 2014 2013 2008 2008 2007	Certificate of Distinction and Excellence in Teaching, Harvard L George W. Goethals Award for Excellence in Teaching, Harvar George W. Goethals Award for Excellence in Teaching, Harvar Honors in Psychology, Bowdoin College Frederic Peter Amstutz Memorial Prize in Psychology, Bowdoin Sarah and James Bowdoin Scholar, Bowdoin College	d University d University

### **GRANTS AND FELLOWSHIPS**

2020	Group Foundation for Advancing Mental Health Research Grant, American
	Group Psychotherapy Association (Principal Investigator)
2019	Wig Fund Faculty Travel Grant, Pomona College
2017	Wig Fund Curriculum Development Grant, Pomona College
2014	Dissertation Fellowship, Harvard University
2014	American Psychological Foundation Graduate Student Scholarship
2014	A.A. Robak Research Fund, Harvard University
2013	Sackler Scholar Programme Award in Psychobiology
2011	Barbara Ditmars Research Fund, Harvard University
2010, 2011	Graduate Research Fellowship, Harvard University
2010	Stimson Research Award, Harvard University

### **PUBLICATIONS**

- Choi-Kain, L.W., **Masland, S.R.**, & Finch, E.F. (in press). Corrective experiences to enhance trust: Clinical wisdom from Good (Enough) Psychiatric Management. *Journal of Personality Disorders*.
- **Masland, S.R.,** Finch, E.F., & \*Schnell, S.E. (2023). Effects of group psychotherapy for nonsuicidal self-injury: A meta-analysis. *International Journal of Group Psychotherapy*. Online First. https://doi.org/10.1080/00207284.2023.2191683
- **Masland, S.R.,** & \*Peeples, H. (2023). People with BPD need compassion yet even clinicians stigmatise them. *Psyche Magazine*. https://psyche.co/ideas/people-with-bpd-need-compassion-yet-even-clinicians-stigmatise-them
- Masland, S.R., Victor, S., Peters, J., Dixon-Gordon, K., Fitzpatrick, S., Bettis, A.H., Navarre, K.M., & Rizvi, S. (2023). Destignatizing borderline personality disorder: A call to action for psychological science. *Perspectives on Psychological Science*, 18(2), 445-460. https://doi.org/10.1177/17456916221100464
- Hooley J.M., **Masland S.R.**, & Finch, E.F. (2022). Borderline personality disorder. *Neuroscience and Biobehavioral Psychology*. Online. https://doi.org/10.1016/B978-0-323-91497-0.00056-4
- **Masland, S.R.,** & \*Null, K.E. (2022). Effects of diagnostic label construction and gender on stigma about borderline personality disorder. *Stigma and Health* 7(1), 89-99. https://doiorg.10.1037/sah0000320
  - -Media Coverage: Psychology Today
- \*Iliakis, E.A., & **Masland, S.R.** (2021). Internet interventions for perfectionism: A meta-analysis and proposals for the college setting. *Journal of American College Health*. Online First. https://doi.org/10.1080/07448481.2021.1970559
- Fleisher, C., & **Masland, S.R.** (2021). Psychopharmacology and comorbidity. In L.W. Choi-Kain & C. Sharp (Eds.). *Handbook of Good Psychiatric Management for Adolescents with Borderline Personality Disorder.* American Psychiatric Association Publishing.

<sup>\*</sup>Indicates Pomona student/alum author/presenter

<sup>^</sup>Indicates non-Pomona mentee

- **Masland, S.R.**, & Fleisher, C. (2021). Multimodal treatments. In L.W. Choi-Kain & C. Sharp (Eds.). *Handbook of Good Psychiatric Management for Adolescents with Borderline Personality Disorder*. American Psychiatric Association Publishing.
- Choi-Kain, L.W., Reich, D.B., **Masland, S.R.**, \*Iliakis, E.A., & Ilagan, G.S. (2020). Longitudinal study of borderline personality disorder: What every clinician should know. *Current Treatment Options in Psychiatry*, 7, 429-445. https://doiorg.ccl.idm.oclc.org/10.1007/s40501-020-00223-x
- **Masland, S.R.**, & Hooley, J.M. (2020). When trust does not come easily: Negative emotional information unduly influences trustworthiness appraisals for individuals with borderline personality features. *Journal of Personality Disorders, 34*(3), 1-16. https://doi.org/10.1521/pedi\_2019\_33\_404
- **Masland, S.R.**, \*Schnell, S.E., & \*Shah, T.V. (2020). Trust beliefs, biases, and behaviors in borderline personality disorder: Empirical findings and relevance to epistemic trust. *Current Behavioral Neuroscience Reports*, 7, 239-249. https://doi.org/10.1007/s40473-020-00220-7
- **Masland, S.R.,** \*Shah, T.V., & Choi-Kain, L.W. (2020). Boredom in borderline personality disorder: A lost criterion reconsidered. *Psychopathology*, *53*, 239-253. https://doi.org/10.1159/000511312
- **Masland, S.R.,** Yeomans, F.E., Tusiani-Eng, P., Nouvini, R., Ferri, B., & Navarre, K. (2020). *Myths and facts about borderline personality disorder: A video companion teaching and discussion guide.* [White paper/training materials]. EmotionsMatter.org.
- ^Finch, E.F., \*Iliakis, E.A., **Masland, S.R.**, & Choi-Kain, L.W. (2019). A meta-analysis of treatment as usual for borderline personality disorder. *Personality Disorders: Theory, Research, and Treatment, 10*(6), 491-499. http://dx.doi.org/10.1037/per0000353
- Hooley, J.M., & **Masland, S.R.** (2019). Positive emotion in borderline personality disorder. In J. Gruber (Ed.). *Handbook of Positive Emotion and Psychopathology* (pp. 333-352). Oxford University Press.
- **Masland, S.R.**, \*Cummings, M.H., \*Null, K.E., Woynowskie, K.M., & Choi-Kain, L.W. (2019). Changes in post-traumatic stress disorder symptoms during residential treatment for borderline personality disorder: A longitudinal cross-lagged study. *Borderline Personality Disorder and Emotion Dysregulation*, 6(15), 1-9. https://doi.org/10.1186/s40479-019-0113-4
- **Masland, S.R.**, ^Drabu, S., & Hooley, J.M. (2019). Is perceived criticism an independent construct? Evidence for divergent validity across two samples. *Journal of Family Psychology*, 33(2), 133-142. http://dx.doi.org/10.1037/fam0000452
- Gunderson, J.G., **Masland, S.R.**, & Choi-Kain, L.W. (2018). Good Psychiatric Management for borderline personality disorder: A review. *Current Opinion in Psychology, 21*, 127-131. https://doi.org/10.1016/j.copsyc.2017.12.006
- **Masland, S.R.** (2018). Managing mistrust, paranoia, and relationship rupture. In B. Palmer and B. Unruh (Eds.), *Borderline Personality Disorder: A Case-Based Approach* (pp. 49-60). Springer International Publishing. https://doi.org/10.1007/978-3-319-90743-7\_5

- **Masland, S.R.**, Price, D., ^MacDonald, J., ^Finch, E.F., Gunderson, J.G., & Choi-Kain, L.W. (2018). Enduring effects of one-day training in Good Psychiatric Management on clinician attitudes about borderline personality disorder. *Journal of Nervous and Mental Disease*, 206(11), 865-869. https://doi.org/10.1097/NMD.0000000000000893
- Choi-Kain, L.W, ^Finch, E.F., **Masland, S.R.**, Jenkins, J., & Unruh, B. (2017). What works in the treatment of borderline personality disorder? *Current Behavioral Neuroscience Reports*, *4*(1), 21-30. https://doi.org/10.1007/s40473-017-0103-z

  -Media Coverage: Huffington Post
- Hooley, J.M., & **Masland, S.R.** (2017). Borderline personality disorder. In W.E. Craighead, D.J. Miklowitz, & L.W. Craighead (Eds.). *Psychopathology: History, Diagnosis, and Empirical Foundations* (3<sup>rd</sup> ed.; pp. 562-611). John Wiley & Sons.
- Hooley, J.M., & **Masland, S.R.** (2017). Expressed emotion. In A.E. Wenzel (Ed.). *The SAGE Encyclopedia of Abnormal and Clinical Psychology*. Sage Publications.
- Hooley J.M., & **Masland S.R.** (2016). Borderline personality disorder. In: H.S. Friedman (Ed.), *Encyclopedia of Mental Health* (2<sup>nd</sup> ed.; Vol 1.; pp. 204-209). Academic Press.
- **Masland, S.R.**, & Hooley, J.M. (2015). Perceived criticism: A research update for clinical practitioners. *Clinical Psychology: Science and Practice, 22*(3), 211-222. http://dx.doi.org/10.1111/cpsp.12110
- Masland, S.R., Hooley, J.M., Tully, L.M., Dearing, K., & Gotlib, I.H. (2015). Cognitive processing biases in individuals high on perceived criticism. *Clinical Psychological Science*, 3, 3-14. https://doi.org/10.1177/2167702614529935

  -Media Coverage: APS Observer
- Weisz, J.R., Ng, M.Y., Rutt, C.R., Lau, N., & **Masland, S.R.** (2013). Psychotherapy for children and adolescents. In M.J. Lambert (Ed.). *Bergin and Garfield's Handbook of Psychotherapy and Behavior Change*, 6th ed. John Wiley & Sons.
- Weisz, J.R., Ugueto, A.M., Herren, J., **Afienko (Masland), S.R.**, & Rutt, C. (2011). Kernels versus ears, and other questions for a science of treatment dissemination. *Clinical Psychology: Science and Practice, 18*(1), 41-46. https://doi.org/10.1111/j.1468-2850.2010.01233.x

### Manuscripts under Review

Choi-Kain, L.W., **Masland, S.R.,** Reich, D.B., Murray, G.E., & Ren, B. (under review). Differential treatment responses to residential treatment for borderline personality disorder: Baseline clinical features as a predictor of what works for whom.

### **PRESENTATIONS**

\*Indicates Pomona student/alum author/presenter

^Indicates non-Pomona mentee

#### **Invited Talks**

- **Masland, S.R.** (2022, May). *Stigma solutions*. Invited plenary presentation, BPDFest, EmotionsMatter.org.
- **Masland, S.R.** (2021, November). *Good Psychiatric Management: A primer for medical students*. Invited virtual presentation, Perelman School of Medicine at the University of Pennsylvania.
- **Masland, S.R.** (2021, May). *Exploring and addressing BPD stigma*. Invited webinar presentation, EmotionsMatter.org.
- **Masland, S.R.** (2020, May). *How stigma affects borderline personality disorder*. Invited webinar presentation, EmotionsMatter.org.
- **Masland, S.R.** (2020, March). "Borderlines" and "narcissists": Fruitful questions about stigma. Pomona College Hen Talk, Claremont, CA.
- **Masland, S.R.** (2020, March). *Clinical science research with undergraduate students.* Pomona College Scholars and Creators, Claremont, CA.
- **Masland, S.R.** (2019, October). Changing the conversation: How we talk about mental health and why it matters. Ideas@Pomona Summit, San Francisco, CA.
- **Masland, S.R.** (2018, October). *Interpersonal judgments in borderline personality disorder: Recent empirical findings.* Invited webinar presentation, Good Psychiatric Management Supervision Group.
- **Masland, S.R.** (2017, July). *The current status of Good Psychiatric Management's evaluation research.* Invited presentation. Borderline Training Institute. Boston. MA.
- **Masland, S.R.** (2017, April). Invited speaker for Train the Trainers Workshop in Good Psychiatric Management, UCLA, Los Angeles, CA.
- **Masland, S.R.** (2017, February). Invited discussant for borderline case conference, McLean Hospital.
- **Masland, S.R.** (2017, February). *Barriers to building trust with borderline patients: Evidence from experimental psychopathology.* Grand Rounds, Maine Medical Center, Portland, ME.
- **Masland, S.R.** (2016, December). Social cognition and psychopathology: Criticism, trust, and their implications for etiology and treatment. Bard College Department of Psychology, Annandale-On-Hudson, NY.
- **Masland, S.R.** (2016, November). Social cognition and psychopathology: Criticism, trust, and their implications for etiology and treatment. Pomona College Department of Psychology, Claremont, CA.

- Masland, S.R. (2016, January). Trustworthiness appraisal in borderline personality disorder: Insights from social cognitive science for understanding the disorder's pathology and developing treatments. Invited talk for the Laboratory for Adult Development, McLean Hospital, Belmont, MA.
- **Masland, S.R.** (2015, November). *Perceived criticism: cognitive processing biases and insights for clinical care*. University of Maine Department of Psychology, Orono, ME.

## Conference Symposia and Paper Presentations

- **Masland, S.R.,** Finch, E.F., & \*Schnell, S.E. (2023, April). *Effects of group psychotherapy for nonsuicidal self-injury: A meta-analysis*. North American Society for the Study of Personality Disorders, Waltham, MA.
- **Masland, S.R.** (2022, April). *Destigmatizing borderline personality disorder in psychological science*. North American Society for the Study of Personality Disorders, Online.
- **Masland, S.R.** (2021, October). Good Psychiatric Management for adolescents with borderline personality disorder: Disclosing the diagnosis and psychoeducation. International Society for the Study of Personality Disorders, Oslo, Norway, Online.
- **Masland, S.R.** (2021, May). Good Psychiatric Management for adolescents with borderline personality disorder: Disclosing the diagnosis and psychoeducation. American Psychiatric Association, Online.
- \*Cummings, M.H., **Masland, S.R.,** \*Null, K.E., & Choi-Kain, L.W. (2020, April). Changes in post-traumatic stress disorder symptoms during residential treatment for borderline personality disorder: A longitudinal cross-lagged study. North American Society for the Study of Personality Disorders, Pittsburgh, PA (conference cancelled).
- \*Null, K.E., Neustadter, E., Dhaliwal, K., Spezio, M., **Masland, S.R.**, & Fineberg, S.K. (2020, April). *A novel computational account of implicit suicide cognition in BPD*. North American Society for the Study of Personality Disorders, Pittsburgh, PA (conference cancelled).
- **Masland, S.R.,** \*Null, K.E., & \*Lambrinidou, C. (2020, February). *Labels, gender, and borderline personality disorder stigma.* Society for Personality and Social Psychology, New Orleans, LA.
- **Masland, S.R.**, & \*Null, K.E. (2019, June). *Borderlines or people with borderline personality disorder? The influence of labels on stigma.* Association for Research in Personality, Grand Rapids, MI.
- Finch, E.F., **Masland, S.R.,** & Gunderson, J.G. (2019, May) *Influence of psychoeducation on borderline personality disorder clinicians: Studies of attitude, reactivity, and knowledge.* American Psychiatric Association, San Francisco, CA.
- **Masland, S.R.** (2019, April). Borderlines or people with borderline personality disorder? The influence of labels on stigma. North American Society for the Study of Personality Disorders, Pittsburgh, PA.

- ^Finch, E.F., **Masland, S.R.**, ^Glasserman, E.I. & Choi-Kain, L.W. (2018, September). *Non-specialized treatment for Borderline Personality Disorder: A meta-analysis of treatment as usual conditions.* 5th Annual Congress on Borderline Personality Disorder and Allied Disorders, Sitges, Spain.
- **Masland, S.R.** (2018, April). Language as a window to the mind: An examination of how individuals with BPD describe reasons for trusting others. North American Society for the Study of Personality Disorders, New York, NY.
- **Masland, S.R.** (2016, April). The influence of affective priming on trustworthiness appraisals in borderline personality disorder. North American Society for the Study of Personality Disorders, New York, NY.

### **Conference Posters**

- \*McBride, M., **Masland, S.R.,** & Hooley, J.M. (2023, March). *Positive emotion in borderline personality disorder.* Society for Affective Science, Long Beach, CA.
- Foxman, S., \*Null, K., Neustadter, E., Shapiro-Thompson, R., Spezio, M., **Masland, S.R.,** & Fineberg, S. (2022, October). *Hierarchical Bayesian modeling of the suicide implicit association task (IAT)*. Technology in Psychiatry Summit, Online.
- Choi, E.Y., \*Null, K.E., Hu, J.C., Shapiro-Thompson, R., **Masland, S.R.,** & Fineberg, S.K. (2022, April). *Systematic Review of EEG Studies in Borderline Personality Disorder: Identifying Gender Differences*. Society of Biological Psychiatry, New Orleans, LA.
- \*Park, E., & **Masland, S.R.** (2020, October). *Personality traits and meaning-making in spousal bereavement*. Western Psychological Association, San Francisco, CA.
- \*Iliakis, E.A., & **Masland, S.R.** (2020, April). *Between-group meta-analysis of Internet-based treatments of perfectionism.* North American Society for the Study of Personality Disorders, Pittsburgh, PA (conference cancelled).
- \*Lambrinidou, C., \*Null, K.E., & **Masland, S.R.** (2020, April). Borderlines or people with borderline personality disorder? The influence of labels and gender on stigma. North American Society for the Study of Personality Disorders, Pittsburgh, PA (conference cancelled).
- \*Shah, T.V., **Masland, S.R.,** & Choi-Kain, L.W. (2020, April). *Boredom in borderline personality disorder: Reconsidering a lost criterion.* North American Society for the Study of Personality Disorders, Pittsburgh, PA (conference cancelled).
- \*Shah, T.V., & **Masland, S.R.** (2020, February). *Public stigma toward depression in India.* Society for Personality and Social Psychology, New Orleans, LA.
- \*Iliakis, E.A., **Masland, S.R.,** Ilagan, G.S., & Choi-Kain, L.W. (2019, October). *Between-group meta-analysis of Internet-based treatments of perfectionism.* Technology in Psychiatry Conference, McLean Institute for Technology in Psychiatry, Boston, MA.

- \*Cummings, M.H., \*Null, K.E., **Masland, S.R.**, Joormann, J., & Hooley, J.M. (2019, April). *Social attention bias in borderline personality disorder*. Regional Undergraduate Psychology Conference, Redlands, CA.
- Masland, S.R., \*Cummings, M.H., \*Null, K.E., Woynowskie, K.M., & Choi-Kain, L.W. (2019, March). Changes in post-traumatic stress disorder symptoms during residential treatment for borderline personality disorder: A longitudinal cross-lagged study. International Conference of Psychological Science, Paris, France.
- \*Cummings, M.H., \*Null, K.E., **Masland, S.R.**, Joormann, J., & Hooley, J.M. (2019, February). *Social attention bias in borderline personality disorder*. Society for Personality and Social Psychology, Portland, OR.
- \*Sapolsky, W., \*Null, K.E., **Masland, S.R.** (2019, February). *Can the language we use influence people's attitudes toward mental health programs?* Society for Personality and Social Psychology, Portland, OR.
- \*West, D.E., & **Masland, S.R.** (2019, February). *Gender bias in borderline personality disorder resources*. Society for Personality and Social Psychology, Portland, OR.
- ^Finch, E.F., \*Iliakis, E.A., **Masland, S.R.**, & Choi-Kain, L.W. (2018, September). *Treatment as usual for borderline personality disorder: A meta-analysis*. European Society for the Study of Personality Disorders, Sitges, Spain.
- ^Finch, E.F., **Masland, S.R.**, \*Iliakis, E.A., & Choi-Kain, L.W. (2018, September). *Non-specialized treatment for borderline personality disorder: A meta-analysis of treatment as usual conditions*. Society for Research in Psychopathology, Indianapolis, IN.
- \*Null, K.E., & **Masland, S.R.** (2018, September). *Borderlines or people with borderline personality disorder? The influence of labels on stigma.* Society for Research in Psychopathology, Indianapolis, IN.
- ^Finch, E.F., **Masland, S.R.,** ^Glasserman, E.I., ^MacDonald, J.M., & Choi-Kain, L.W. (2018, April). *A meta-analytic investigation: Is treatment as usual harmful for borderline personality disorder?* North American Society for the Study of Personality Disorders, New York, NY.
- \*Kernick, C., **Masland, S.R.,** & Sharp, C. (2018, April). *Disorganized attachment and hypermentalizing: Implications for development and treatment of borderline personality disorder.* North American Society for the Study of Personality Disorders, New York, NY.
- ^Koller, W.N. & **Masland**, **S.R.** (2018, April). *Rethinking reappraisal: Evidence for a context-based model of cognitive reappraisal.* Society of Behavioral Medicine, New Orleans, LA.
- ^Finch, E.F., ^Glasserman, E.I., ^MacDonald, J.M., **Masland, S.R.,** & Choi-Kain, L.W. (2018, January). *Is treatment as usual harmful for borderline personality disorder? A meta-analytic investigation.* McLean Research Day, Harvard Medical School, Belmont, MA.
- **Masland, S.R.,** 'Finch, E.F., & Hooley, J.M. (2017, November). *Brief training in Good Psychiatric Management (GPM) improves clinicians' attitudes about borderline personality disorder.* Association for Behavioral and Cognitive Therapies, San Diego, CA.

- **Masland, S.R.,** ^Finch, E.F., & Hooley, J.M. (2017, September). *Brief training in Good Psychiatric Management (GPM) improves clinicians' attitudes about borderline personality disorder.* Society for Research in Psychopathology, Denver, CO.
- **Masland, S.R.,** ^Glasserman, E.I., Choi-Kain, L.W., & Hooley, J.M. (2017, April). When trust does not come easily: The influence of emotional information on trustworthiness appraisals in borderline personality disorder. Harvard Medical School Research Day, Boston, MA.
- **Masland, S.R.** (2017, April). The Influence of self-other similarity and self-concept on trustworthiness appraisal in borderline personality disorder. North American Society for the Study of Personality Disorder, New York, NY.
- ^Finch, E.F., **Masland, S.R.,** & Gunderson, J.G. (2017, January). *Good Psychiatric Management (GPM) assessment measure: Preliminary data.* McLean Research Day, Belmont, MA.
- <sup>^</sup>Glasserman, E.I., **Masland, S.R.,** Choi-Kain, L.W., & Hooley, J.M. (2017, January). *The influence of emotional information on trustworthiness appraisals in borderline personality disorder.* McLean Research Day, Belmont, MA.
- ^MacDonald, J.M., **Masland, S.R.,** & Choi-Kain, L.W. (2017, January). *Brief training in Good Psychiatric Management improves clinicians' attitudes about BPD.* McLean Research Day, Harvard Medical School, Belmont, MA.
- **Masland, S.R.,** ^Glasserman, E.I., & Choi-Kain, L.W. (2017, January). Attenuation of post-traumatic stress disorder symptoms during residential treatment for borderline personality disorder. McLean Research Day, Harvard Medical School, Belmont, MA.
- **Masland, S.R.,** Rutt, C., Langer, D.A., & Weisz, J.R., & Chorpita, B. (2014, November). *The Post-Traumatic Stress Problems Scales: Psychometric properties, validity, and comparison to the UCLA PTSD Index*. Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- **Masland, S.R.,** & Hooley, J.M. (2014, September). *Is PC an independent construct?* Society for Research in Psychopathology, Evanston, IL.
- **Masland, S.R.,** 'Gorman, D., & Photos, V.P. (2013, April). *Executive control of emotional information in borderline personality disorder.* North American Society for the Study of Personality Disorder, Boston, MA.
- **Masland, S.R.,** & Hooley, J.M. (2012, November). *Thin-skinned or thick-skinned? Evaluating a new measure of criticism sensitivity.* Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- **Masland, S.R.,** & Hooley, J.M. (2012, September). *Thin-skinned or thick-skinned? Who is sensitive to criticism?* Society for Research in Psychopathology, Ann Arbor, MI.
- **Afienko (Masland), S.,** Rutt, C., Bearman, S. K., Herren, J., Ugueto, A. M., Weisz, J. R., & Chorpita, B. F. (2010, November). *Clinical symptom severity in youth in the Maine child welfare system versus clinic-referred youth.* Association for Behavioral and Cognitive Therapies, San Francisco, CA.

- Ledford, R., **Afienko (Masland), S.**, Rutt, C., Langer, D., Ugueto, A., Herren, J., Weissman, A., Weisz, J. R., & Chorpita, B. F. (2010, June). *Child and adolescent non-suicidal self-injury in a Maine welfare-referred population: Gender, clinical presentation, and exposure to trauma*. World Congress for Behavioral and Cognitive Therapies, Boston, MA.
- **Afienko (Masland), S.,** Rutt, C., Bearman, S. K., Ugueto, A. M., Eckshtain, D., & Weisz, J. R. (2009, November). *Do parents and friends help? The relations among negative life events, social support, and depression*. Association for Behavioral and Cognitive Therapies, New York, NY.
- Rutt, C., **Afienko (Masland), S.**, Ugueto, A., Bearman, S. K., Alleyne, A., Chorpita, B. F., & Weisz, J. R. (2009, November). *The relation of family structure and child and parent psychopathology in a sample of clinically referred youth*. Association for Behavioral and Cognitive Therapies, New York, NY.
- **Afienko (Masland), S.** (2009, August). Can delusion and obsession be distinguished conceptually? American Psychological Association, Toronto, Canada.

### **TEACHING AND MENTORING**

### **Thesis Students**

^Indicates national conference presentation related to thesis findings

	<u>Name</u>	Current Position
2022-2023	Abby Loiselle (Second Reader, PPA)	
2022-2023	Thea McAfee	Research Assistant, Yale School of Medicine
2022-2023	Maggie McBride	
2022-2023	Georgia Ryan	Business Consulting
2022-2023	Clementine Thompson	Graduate Student, Columbia University
2021-2022	Sophie Schnell	
2020-2022	Anna Sipowicz	Research Assistant, University of Washington
2021-2022	Sophie Wilks (Second Reader, Scripps)	Program Assistant, Simms/Mann Institute
2019-2020	Francesca Lubecki-Wilde	Community Behavioral Health
2019-2020	Kaylee Null <sup>^</sup>	Graduate Student, University of California Los Angeles
2019-2020	Isabel Schmidt (Second Reader, GWS)	Graduate Student, Harvard University
2019-2020	Sarah Varenhorst	Graduate Student, University of Texas
2018-2019	lyanu Adeniji (Second Reader, PPA)	
2018-2019	Mackenzie Cummings <sup>^</sup>	Graduate Student, Seattle Pacific University
2018-2019	Eliana Kaplan (Second Reader, GWS)	Clinical Residence Counselor, McLean Hospital
2018-2019	Est Park <sup>^</sup>	Graduate Student, Columbia University
2017-2018	Jordan Greer	Disability Claims Manager, Prudential
2017-2018	Callison Kernick <sup>^</sup>	Graduate Student, University of Denver
2017-2018	Valerie Taylor	Graduate Student, Antioch University Los Angeles
2016-2017	William Koller (Bates College)^	Graduate Student, Yale University

### **Research Supervision**

<sup>\*</sup>Includes summer research experience

<sup>^</sup>Indicates national conference presentation and/or attendance

<sup>\*</sup>Indicates publication co-authorship (published or in preparation)

# **Pomona College Students**

	<u>Name</u>	Current Position
2022-current 2022-current 2022-current 2022-2023 2022-2023 2022-2023 2022 2021-2022 2020-2022 2020-2022 2018-2021 2020 2018-2020 2018-2020	Sara Garza Gonzalez** Kate Jones Hannah Peeples Thea McAfee Maggie McBride* Georgia Ryan* Jenny Chen* Youssef El Mosalami Siena Van Sickle Sophie Schnell** Anna Sipowicz** Tanya Shah*** Ananya Saluja* Janelle Herring* Chloe Lambrinidou**	Undergraduate Student, Pomona College Undergraduate Student, Pomona College Undergraduate Student, Pomona College Research Assistant, Yale School of Medicine Undergraduate Student, Pomona College Business Consulting Undergraduate Student, Pomona College Undergraduate Student, Pomona College Undergraduate Student, Pomona College Undergraduate Student, Pomona College Research Assistant, University of Washington Research Assistant, University of Pittsburgh Research Assistant, Harvard University Fertility Clinic Intern, New York City Program Manager, Libra Philanthropies
2017-2020 2018-2019 2018-2019 2018 2018 2018 2018 2018 2017-2018	Kaylee Null*^+ Mackenzie Cummings*^+ Sarah Etuk Evan Iliakis^+ Shirley Liu William Sapolsky*^ Danielle West*^ Cleo Berliner	Graduate Student, University of California Los Angeles Graduate Student, Seattle Pacific University Graduate Student, Emory University Medical Student, University of Pennsylvania Graduate Student, Cambridge University Teaching Assistant, Denver Language School Undergraduate Student, UC Berkeley Teaching Fellow, Oxbow School

# **Other Students or Research Assistants**

	<u>Name</u>	Current Position
2016-2017 2016-2017 2016-2017 2014-2016 2013-2014 2012-2013	Ellen Finch (McLean Hospital) <sup>^+</sup> Jacob MacDonald (McLean Hospital) <sup>+</sup> Ethan Glasserman (McLean Hospital) <sup>+</sup> Sukriti Drabu (Harvard) <sup>^+</sup> Maggie Van de Loo (Harvard) Deidre Gorman (Harvard) <sup>^</sup>	Graduate Student, Harvard University Medical Student, Tufts Medical School Research Assistant, McLean Hospital Graduate Student, National University of Singapore Manager, Formative Marketing & Advertising Medical Student, Pritzker School of Medicine

### Courses

Assistant/Associate Professor of Psychological Science, Pomona College Introduction to Psychological Science

Personality Disorders Seminar

Personality Psychology

Psychological Disorders

Seminar in Clinical Psychology

Senior Thesis Seminar

Visiting Lecturer of Psychology, Bates College Cognitive Neuroscience

July 2023 11 Personality Disorders
Psychology of Personality

Assistant Adjunct Lecturer of Psychology, University of New England Introduction to Psychology

Instructor, Harvard University

Contemporary Issues in Psychology: Intensive Cross-Level Analyses

Teaching Fellow, Harvard University
Social Psychology

Teaching Assistant, Harvard Extension School
Abnormal Psychology
Anxiety and Its Disorders
Social Psychology

Undergraduate Teaching Assistant, Bowdoin College Abnormal Psychology Introduction to Psychology

## **SERVICE**

# **Pomona College**

2022-2023	College Research Committee
2022	Faculty panels (2) on Steele Leave planning
2020	Sagecast Guest Speaker
2020	Creators and Scholars Talk
2020	Hen Talks IX Talk
2019-2020	Institutional Review Board
2019	Ideas@Pomona Alumni Summit Presentation
2019	CORE Blueprint Sexual Violence Intervention and Prevention Evaluation Team
2019	Faculty Interviewer, Campus Advocacy Resources Education and Support
	(CARES) Fellowship
2018-2019	Sub-Committee Chair, Student Support, Presidential Advisory Committee on
	Sexual Violence Intervention and Prevention
2017	Faculty Forum Presentation

# **Pomona College Psychological Science Department**

2018-present	Social Media Communications Director
2022-2023	Diversity and Inclusion Committee Co-Leader
2022	Search Committee for Position in Developmental Psychology
2017-2020	Diversity and Inclusion Committee Co-Leader
2019	Search Committee for Position in Affective Neuroscience
2017, 2019	Co-Organized Introduction to Psychological Science Guest Speaker
2018	Contract Renewal Committee
2018	Co-Organized Clinical Psychology Information Panel

### **Claremont Consortium**

2019 Search Committee for Position in Social Psychology at Harvey Mudd College 2018 Panelist, *Staff Speaks*, 5C Mental Health Alliance, Claremont Colleges

### **Profession and Community**

2020-present Co-Chair

Good Psychiatric Management Research Network

2022-2023 Member, Board of Directors

Chair, Education and Advocacy Committee

Emotions Matter: BPD Advocacy, Awareness, and Connection

2022-2023 Co-Editor, P Newsletter

Association for Research in Personality

2020-2023 Newsletter Web Editor, Web Committee Member

Association for Research in Personality

2014-present *Ad Hoc Reviewer* 

https://publons.com/a/1624743/

Behavior Therapy

Borderline Personality Disorder and Emotion Dysregulation

Biological Psychiatry

Brain Imaging and Behavior

Brain Sciences

Clinical Psychological Science

Cognition and Emotion Current Psychology

Frontiers in Human Neuroscience

Harvard Review of Psychiatry

International Journal of Mental Health Systems

Journal of Abnormal Child Psychology

Journal of the American Academy of Child and Adolescent Psychiatry

Journal of Behavioral and Experimental Psychiatry Journal of Clinical Child and Adolescent Psychology

Journal of Family Psychology

Journal of Nervous and Mental Disease

Journal of Personality Disorders

Nature: Scientific Reports

Personality Disorders: Theory, Research, and Treatment

Personality and Mental Health

PLOS ONE

Psychological Assessment

Psychopathology Stigma and Health

2022 Submissions Reviewer

North American Society for the Study of Personality Disorders

2010-2021	Alumni Admissions Interviewer Bowdoin College
2020-2021	Education Committee Volunteer Emotions Matter: BPD Advocacy, Awareness, and Connection
2021	Submissions Reviewer Association for Behavioral and Cognitive Therapy, Clinical Psychology at Liberal Arts Colleges Special Interest Group
2020	Submissions Reviewer European Association for Personality Psychology Summer School Scholarships
2019	Diversity Mentor Society for Personality and Social Psychology
2019	Submissions Reviewer  North American Society for the Study of Personality Disorders
2019	Symposia Submissions Reviewer Society for Personality and Social Psychology

## **AFFILIATIONS**

Association for Behavioral and Cognitive Therapies

Association for Psychological Science

Association for Research in Personality

North American Society for the Study of Personality Disorders

Society for Personality and Social Psychology

Society for Research in Psychopathology

Society for a Science of Clinical Psychology

## **CLINICAL LICENSURE**

Licensed clinical psychologist in California (expires 8/22/2024; #30298)