

## YAZMIN MEZA LAZARO

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### EDUCATION

**BACHELOR OF ARTS, PSYCHOLOGY**, GPA: 3.92

**Expected: May 2020**

Pomona College, Claremont CA

### RESEARCH

**RESEARCH ASSISTANT**

**Aug 2017-Present**

Pomona College, Department of Psychology

Claremont, CA

- Recruited first-year, first-generation college students at Pomona College for a longitudinal study about identity development and academic and psychological outcomes
- Lead an independent project on the effects of the impostor phenomenon on first-generation students
- Reviewed the Spanish back translations of various measures on Qualtrics survey software
- Attained training on SPSS statistical software and psychological directed-content qualitative analysis

**SUMMER RESEARCH ASSISTANT**

**June 2019-July 2019**

Tufts University, Department of Psychology

Medford, MA

- Received a stipend to conduct research at Tufts University with Dr. Remedios' experimental social psychology lab
- Completed two literature reviews on multiracial experiences and gender stereotyping
- Prepared pre- and post-survey data files for analysis, including running reliability analyses using SPSS
- Designed a new website for the lab using WordPress

### LEADERSHIP EXPERIENCE

**LAB MANAGER**

**Jan 2018-Present**

Pomona College, Department of Psychology

Claremont, CA

- Coordinate and manage weekly tasks which includes creating the agenda for the lab's weekly meetings
- Maintain an organized record of files digitally, using Google Drive and Box, and physically
- Mediate and relay information between the primary researcher and the other research assistants

**STUDENT INTERN**

**Jan 2019-Present**

Pomona College, Office of Student Mentoring and Leadership

Claremont, CA

- Compile a list of self-care activities and resources accessible to the mentors and their first-year mentees
- Work with the Assistant Dean and Case Manager to offer consistent mental wellness programming for first-year students in the mentoring programs during the 2019-20 academic year
- Conducted a review on mental wellness and self-care programs at other elite colleges/universities

**STUDENT CLUB PRESIDENT**

**July 2017-May 2019**

Pomona College, FLI (First-Generation and/or Low-Income) Scholars

Claremont, CA

- Advocated for first-generation and/or low-income students at meetings with various administrators, including the Dean of Students, the Dean of the College, and the President of the College
- Coordinated weekly executive board meetings to promote collaboration and communication among the various branches of the club
- Facilitated two-way communication between the executive board and the larger first-generation community

**OUTREACH ORGANIZER for COMMUNITY EVENT****Jan 2019-April 2019**

Pomona College, IDEAS 5K Dream Run

Claremont, CA

- Advertised the run to local high schools and the Claremont community by posting flyers and contacting staff members
- Partnered with Uncommon Good, an educational non-profit, to sponsor runners
- Raised 5,000 dollars in scholarship money for undocumented high school seniors in the Inland Empire

**EXECUTIVE ASSISTANT and OUTREACH INTERN****Sept 2018-Dec 2018**

Middle Tree

Claremont, CA

- Assisted the office manager with the day-to-day tasks necessary to maintain the educational non-profit
- Recruited potential community partners by presenting Middle Tree's mission to various stores and restaurants in the Claremont Village
- Created a record of all and current students' demographic information including their race/ethnicity, gender, and socioeconomic status

**COMMUNITY OUTREACH INTERN****July 2017-Aug 2017**

Gresham City Hall, Office of Governance and Management

Gresham, OR

- Constructed a tentative calendar for the City's Youth Advisory Committee for the school year
- Attended community meetings regarding gang and violence prevention in the city of Gresham
- Interviewed various senior managers in different departments of city hall

**STUDENT CLUB LEADER****Sept 2016-Dec 2016**

Pomona College, QuestBridge Chapter

Claremont, CA

- Planned events around campus to publicize the resources available to first-generation and/or low-income students regarding academic and professional development
- Maintained communication with various administrative offices, including the Career Development Office, to ensure collaborative events
- Managed the committee's budget and participated in the Pomona QuestBridge chapter executive board

**TEACHING****TEACHING AIDE****Jan 2018-Present**

Pomona College, Psychology of the Chicanx/Latinx (PSYC CH 84)

Claremont, CA

- Revise the current syllabus to incorporate material that speaks to the intersecting identities and issues faced by Chicanx/Latinx communities in the U.S
- Compiled a list of books and journal articles that captured different experiences of Chicanx/Latinx communities in the U.S.

- Led a class on how to conduct a literature search using PsycINFO and Google Scholar and properly cite journal articles using APA

**TEACHING ASSISTANT****June 2017-July 2017**

Pomona College, Academy for Youth Success (PAYS)

Claremont, CA

- Mentored and tutored a group of 13 rising juniors in the greater Los Angeles area
- Worked closely with two Pomona College professors who taught my group of rising juniors
- Taught a series of workshops on QuestBridge, a national non-profit scholarship for high school seniors

**PRE-SCHOOL TUTOR****Feb 2017-May 2017**

Pitzer College, Jumpstart

Claremont, CA

- Provided extra educational resources and mentoring to low-income preschoolers in the area
- Created an atmosphere which promoted phonic learning and reading skills
- Worked towards ensuring that every child entered elementary school prepared to succeed

**HIGH SCHOOL TUTOR****Sept 2016-May 2017**

Harvey Mudd College, Upward Bound

Claremont, CA

- Taught high school students study tools they could use in school
- Set weekly goals for time management to ensure completion of homework assignments
- Exposed local high school students to a college campus, routine, and schedule

**ESL TUTOR****Oct 2016-Dec 2016**

Pomona College, ESL Program

Claremont, CA

- Explained the problems of direct translation by reviewing Spanish grammar
- Adapted the material to fit what my student was learning in his classes at Pitzer College
- Created and practiced a personalized vocabulary list for his needs at work

**AWARDS AND GRANTS**

Society for Personality and Social Psychology Summer Program for Undergraduate Research	2019
Pomona College Internship Program	2018
Pomona College Summer Undergraduate Research Program	2018
QuestBridge National Match Scholar	2016
National Honors Society	2016
National Honors Society	2015
AP Scholar	2015

**POSTER PRESENTATIONS**

**Meza Lazaro, Y.** (2018, November) *The impostor phenomenon as a predictor of mental health outcomes for first-year, first-generation college students*. 2018 Southern California Conference for Undergraduate Research (SCCUR). Pasadena, CA.

Ruvalcaba, S., & **Meza Lazaro, Y.** (2017, October). *Impact of family and neighborhood factor son lifetime substance use among Latinx youth*. 2017 Society for Advancement of Chicanos and Native Americans in Science (SACNAS) Conference. Salt Lake City, UT.

### **SKILLS**

**SPANISH** – Native speaker; writing, reading, and oral proficiency

**COMPUTER** – IBM SPSS, Qualtrics Survey Software, Microsoft Excel, and Python

### **MEMBERSHIPS**

- Society for Advancement of Chicanos and Native Americans in Science (SACNAS)
- Society for Personality and Social Psychology (SPSP)
- American Psychological Association (APA)